



May Newsletter

DME Item of the Month:

Torex Flat Ice Packs

Cervical \$13.50 (reg 17)

Standard: \$13 (reg 16)

Oversize: \$21 (reg 26)



The Torex flat ice pack is a perfect choice for an ice pack. It's reusable and stays soft to conform to any body part.

Stop by any clinic to purchase any of the three sizes at this great price!

Upcoming events



Visit Heather and Katie at the **Lockport High School Foundation Run 5K** at Lockport High School East Campus on May 7th. We will be providing pre and post-race stretching. Sign up online at www.lths.org

TheraCORE will be at the Flip Star Gymnastics **AAU League Championships** at Velocity All Sport in Mokena from May 19th-21st.

Kyle and the Manning School run club will be at the **Race to the Flag 5k** at Ty Warner Park on May 28th.

Kyle will be at presenting **Couch to 5K** at the Westmont Park District on May 31st from 7-8pm. Sign up online!



Reminder: TheraCORE will be closed on Monday May 29th in observance of Memorial Day.

NEWS

Birthdays:

Jenn Hoekstra
5/5
Lockport Office Manager

Anniversaries:

Heather Finnegan, DPT
is celebrating her 4-year anniversary at on 5/28!

@theracorept



Mother's Day Massage Specials:

- 3-30 min massages \$95
- 3-45 min massages \$150
- 3-60 min massages \$190

Call 630-908-7430 to purchase!