



## Aquatic Therapy

*TheraCORE Physical Therapy is dedicated to providing our patients with all the tools necessary to live healthy, active lifestyles. Aquatic Therapy can be beneficial for a variety of people and of any activity level, especially those with movement disorders, low back pain, joint replacements, arthritis, high pain levels, etc. Aquatic Therapy can be in conjunction with physical therapy and massage therapy or performed alone. A clinic evaluation will be completed by an experienced physical therapist that includes an assessment of motion and strength of the injured area. This allows an aquatic treatment plan to be developed and administered. Aquatic Therapy visits are scheduled with TheraCORE's Cathy Malooly, PT, MPT, at our Burr Ridge clinic located in the Five Seasons Family Sports Club.*

Please contact us at (630)590-5409 for more information.  
You can find out more about TheraCORE, Inc. and our employees by visiting [www.theracorept.com](http://www.theracorept.com)